

ARVI Trust

Annual Report 2016-17



ARVI Trust

Association for Rehabilitation of Village and Impairment

Lakshmi Nagar, Seelapadi (Po), Dindigul-District ,

Tamil Nadu, Pin:624 005, Mob: 098431 60475

Email:arvitrust@gmail.com, www.arvitrust.org





Table of Contents

Sl.No	Description	Page No
01	Message	
02	About Us	
03	Our Vision	
04	Our Mission	
05	Our Goal	
06	Present Status of The Organisation	
07	Our Values	
08	Our Services	
	a	Special school for the HI
	b	Special school for the MR
	c	Vocational Training Centre
	d	Speech Therapy
	e	Physiotherapy
	f	Games & sports therapy
	g	Facilities in the hostel for the Residential students
	h	Parent Training Programme
	i	CRE Training
09	Our Activities	
10	a	Aspiration Day-Care Centre
	b	Early Intervention Programme For HI
	c	Special School for Mentally Retarded
	d	Nirmaya Insurance Porogramme
	e	Badhte Kadam Programme:
	f	Community Based Rehabilitation
	g	Early intervention improves outcomes
	h	Residential School Programme
	i	Inclusive Education For The Disabled
	j	Health Awareness Programme
	k	Women & Child Development Programme
	l	Self-Help Groups (SHG)
	m	Environment Awareness Programme
	n	Home Based Training (HBT)
11	Other Important Activities	
12	Awards and accolades	
13	Area of Operation	
14	Conclusion & Contact Us	

Managing Trustee's Message

I am delighted to present to you the Annual Report for the FY 2016-17, which encapsulates our contribution to the society and the result of our interventions - the empowerment reflected in the people.

While presenting this Annual Activities Report I feel immensely satisfied due to the fact that we are able to run this organization which is dedicated for the service of the disadvantaged sections of the society. Association for Rehabilitation of Village and Impairment (ARVI Trust) is a non-profit making and non-political Organisation working in mid 1995, the organization has been working dynamically for the welfare of the weaker section of the society. The organization is backed by team of enthusiastic and dedicated young men and young woman who are engaged in bringing a qualitative change to the rural districts of Tamil Nadu.



ARVI Trust has grown into a huge one in terms of activities if not in term of budget. During the last year we have undertaken a number of activities which is well documented in this report

I would also like to take this space to acknowledge and appreciate the organisations, across the nation, who has collaborated with us to ensure that the people we work with are capable of having improved quality of life. I further extend my sincere gratitude to the ministries and departments of the central and state governments for their unstinted support & guidance.....
.....

I am truly grateful for your passionate contribution towards making the ARVI Trust a mission that envisions creating self-reliant, educated and empowered communities. I look forward to your continuous support in the eternal of our commitment towards social transformation.

A . Ramachandran
Managing Trustee
ARVI Trust

About Us

ARVI Trust is an apex body to undertake human resource development for delivery of services to the persons with intellectual disability, to develop appropriate models of care for the intellectually disabled individuals, to identify, conduct and coordinate research in assessment, education, training and rehabilitation of mentally handicapped persons and to serve as a national resource center in the field of Intellectual disability.

ARVI is a grass root level organization working for the upliftment and creating awareness about the various types of Mental Handicap namely Autism, Cerebral Palsy, mental retardation and multiple disabilities in the children for the last 20 years. The ARVI are running an institute for Intellectually Challenged children in the age from 0 year to 18 years in Dindigul and Theni Dist. At present the institute is having strength of 85 children with various types of disabilities like autism, cerebral palsy, Down's syndrome, Micro cephalic, mental retardation, hearing impairment, speech and other multiple disabilities. The ARVI have adopted four revenue mandals with a population of 200,000 for survey awareness, sensitization and rehabilitation of different world children with special care for Intellectually Challenged. The ARVI are implementing a home based rehabilitation programme for the Intellectually Challenged children The Institute has got required faculty and infrastructure for Implementation of the programme.

The children in the institute are from below poverty line, neglected by their parents, deserted and unable to brought up. The staff of the institute have surveyed and brought the identified children with mentally retardation for proper care and rehabilitation management. We are provided free food, medical aid, uniform and training in Self-Help skills for their day to day living.

The ARVI are glad to state that our Institute for has been given an award by the District Collector by Theni and Dindigul Tamil Nadu for the dedicated service done to the children for the year 2016 at Tamil Nadu.

The Trust has been registered under Sec.52 of Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act, 1995 for providing services in Dindigul and Theni district by Government of Tamil Nadu State.

Our Vision:

To ensure means of Education, Employment/Self Employment and Empowerment (3E's) of People with Disability.

Our Mission:

To improve the ability of differently abled persons by their involvement and participation in the development process, by promoting their Rights & Rehabilitation.

ARVI is a training and resource Centre to build the capacity of Special Education to SHGs, CBR workers & Differently abled people, to providing the special education to special children for developing their loco motor skills, communication skills and training to Daily living activities with Physiotherapy and Speech therapy with appropriate educational techniques. We conduct training and awareness education to parents, volunteers, teachers, stakeholders and community leaders.

Our Goal:

The main Goal is to empower the Autism, Cerebral Palsy, Mentally Retarded and Multiple Disabilities with the required ability through Special Education, special skills training and Special Vocational Training for earning their livelihood and lead as normal a life equal to the other members of the community.

A just social order brought about by the dispossessed claiming their right to dignity and identity through enhanced democratic participation and structural transformation. We strongly believe that an end to poverty and injustice can be achieved through purposeful individual and collective action, led by the active agency of people living in poverty and supported by solidarity, credible rights-based alternatives and campaigns that address the Structural causes and consequences of poverty

Our Values:

We reiterate our values and stress on 'praxis' in our work, in our effort to deepen our commitment to transform our organisational culture. Solidarity, camaraderie and sisterhood with the poor, the powerless and excluded women, girls, boys and men will be at the core of our struggle against poverty and injustice.

- ✿ **'Personal is political'**: without contradiction in the practice in private and public sphere.
- ✿ **Courage of conviction**, requiring us to be creative and progressive, bold and innovative without **anxiety** of failures.
- ✿ **Equality, justice and diversity**, requiring us to work to ensure equal opportunity to every person, irrespective of caste, class, race, age, gender, sexual orientation, colour, class, ethnicity, disability, location, and religion.
- ✿ **Humility and modesty in our conduct and behaviour.**
- ✿ **Transparency and accountability.**
- ✿ **Independence and neutrality** from any religious or party-political affiliation

Present Status of the Organization

Now the ARVI Institute is a secular, Non-profit making social service organization run by a Registered Trust with 05 Executive board members under the overall supervision of the Chief Executive Officer and under the direct control of Mr. A. Ramachandran as Managing Trustee of the Organization. The organization has been registered under the Indian Trust Act of 1882. in the year-1995 and is duly Recognized as one of the premier charitable Non- Governmental organizations of India by the state Govt and the central Govt for its transparent, sincere and dedicated selfless social service to the Disabled persons. The entire administration and all the charitable activities including the free services are carried on as per the collective decision of the Managing Trustee, Trustee and the board Members passed in the Board meeting. The ARVI Special School for the Intellectual Challenged, Dindigul and Theni at present accommodates 100 Mentally Retarded, Hearing Impaired students in suitable Buildings with the Residential Provision for 60 students in the hostel with free food and shelter facilities. There are 27 dedicated employees including 18 special teachers in the institution working day and night for the welfare of the disabled. From this year, we are implementing the special Project namely, **“Special Education on Wheels”** programme for **the severely affected Intellectually Challenged children.**

Our Services:

All the services provided to the Disabled are totally free of cost and are maintained and developed by mobilizing resources for the Govt. of India, Philanthropic public and private business organisations in the form of donations (cash/kind) and financial assistances

a) Special school for the Hearing Impairment:

This special school starting from class 1 to class 5th with 20 Hearing Impaired students and 2 special teachers to teach them in special language with the help of electronic Hearing aids and group hearing equipments in different classes. We proudly says that we are the only Institution running Special School for the Hearing Impaired students in Dindigul and Theni District.

b) Vocational Training:

The special education given to the disabled children will be of no use unless the disabled children get the power of earning their livelihood independently. Hence in order to enable the Disabled children to earn their livelihood and for economic Independence, different types of vocational trainings like envelop covers, Computer and paper bags making etc are provided by special Trained vocational teachers.

c) Speech Therapy:

The greatest problem for the Mentally Challenged and Hearing Impaired students is the lack of speech and communication ability. Hence both the Mentally Challenged and Hearing Impaired students are subjected to speech development therapy regularly by expert teachers with the help of electronic speech trainer equipments. By this process the mentally retarded and the Hearing Impaired children slowly develop in due course of time the ability to speak and express their feelings to a great extent which ultimately becomes a great help for them to communicate properly with the other normal people of the society where they live in.

d) Physiotherapy:

The disabled children specially the Mentally Retarded students with Multiple Disabilities are subjected to physiotherapy classes for inducing mobility to their appendages and make them active and energetic to move from place to place initially with the help of the trainer and later independently. This therapy also initiates an urge with them for undertaking small works in the vocational training classes while tuning their brain and toning up their muscles to give necessary commands to the other parts of the body as per the need and the situational demand.

e) Games & sports therapy:

All the disabled children both the (Mentally Retarded and Hearing impaired) are motivated to take part in different types of games and sports activities to stimulate and activate the dull brain to take interest to move along with other children which ultimately initiates the mind and brain development and slowly creates interest in them to imitate other children in their different activities.

f) Facilities in the hostel for the Residential students:

At present there are 15 Disabled students in the hostel. Another 12 Mentally Retarded children/adults are waitlisted for want of accommodation. Mentally Retarded children and adults having no parents and whose parents are extremely poor and are incapable of taking care of their Disabled children, are given priority for admission into the hostel. Well-ventilated rooms with Iron cots, Lockers, Shelves etc are provided. Light and fan arrangement has been made in all Rooms

g) Parent Training Programme:

The Institute offers free counseling services by trained professionals to the family members of the Mentally Retarded and Hearing Impaired students depending upon their family needs either individually or in groups regarding their care & welfare of the disabled.

h) CRE Training:

ARVI Conducting CRE training for Special Educator **National Institute for Empowerment of Persons with Multiple Disabilities** ECR, Muttukadu, Kovalam Post, Chennai- 603 112, Tamil Nadu and **Rehabilitation Council of India**, New Delhi.



Our Activities

a) Disha–Early Intervention Programme

ARVI started to Disha Centres for the welfare of school age disabled Children. In this day care centre we are providing physiotherapy, Special Education and other necessary activities.

There are 20 infants and children between the age group of 0 to 10 years with delayed development and disability in the Disha centre. In this section the emphasis is given on pre-school training of these children to make them fit for the special school. Daily we pick up them from there, door step and dropped back again after the training classes.

We trained the students to develop their general motor skills, to improve their listening skills, oral comprehension, Reading, Writing, Speaking, copying, drawing Playing, Number work do commends of others who is around them etc. In the same way we trained the students try to speak routine sentence what they use in their day to day life, how to Can way their thought in simple sentence, and then, how to interact with other students, and anybody else around them. The child is provided with an enabling environment to develop speech. Efforts are made to integrate the children the children mainstream in to school.

b) Early Intervention Programme For Hearing Impaired:

Prevent and guide the affected children from their hearing and speech deficiency. This Programme Supported by the CRD Chennai. ARVI was given allocations by the state Government to implement the programme in Theni district. So far 30 children were identified in Theni district. Under this new approach all the affected children from the age of 0 to 06 years were taken in to consideration. The holistic development approach was implemented towards the children. The main focus will be main stream of the same children into the main regular schools. After six years.









C) Special School for intellectual challenged:

We are implementing 4 special schools for intellectual challenged

There are 20 Mentally Retarded Children between the age group of 5-16 years in Pre-Primary, Primary, Secondary, Pre-vocational with vocational..... specially Trained teachers to Teach hem and Train them as per the guidelines given by the Govt. the class room teachings including following.



Activities of daily Living

-  Basic Concepts.
-  Functional & Academic Skills
-  Speech Therapy
-  Physiotherapy
-  Behavioural Modification
-  Yoga Therapies
-  Music and Dance Training
-  Skill Training

This wing of the special school consist of 2 classes with 5 special teachers to take care of them in teaching the daily living activities and small easy lessons with the help of toys, models, and charts depending upon their Mental ability and learning capacity. These Intellectual Challenged children are exposed to practical and demonstration classes like Bathing, brushing, use of toilets, washing clothes, cooking, Tea preparation and prayer etc.

In this school ARVI is providing uniforms, Healthy food, Milk, study materials and other essential good owing free of cost.

In the machinery world everyone have to recreate themselves in various ways. Due to this disabled children also need recreation. So we can arrange the educational tour for disabled children with their parents. We decide to go subject oriented places, it used to fresh up themselves, to improve their knowledge about subjects and to develop their concentration & observation power. Here, parents come to know their child happiness and they were realized their also a normal child. The main purpose of this system for disabled children is:

1. It brings happiness
2. Refresh themselves
3. To improve their concentration & Observation
4. To face the originality related subjects and
5. To develop their knowledge

Secondly we conduct Sports and Cultural Meet for disabled children through the schools every year. We conduct the sports for running race, eating race, lemon & spoon, frog race, collecting stones and musical chair. We did competition like writing, drawing, singing, dancing and speech. Every child should participate all the programmes whether games, competition or any other cultural activity as they like. All of them got prize for their performance. This helps to increase their confident level, make wish to participate and to develop their ability in physical activity as well as personal restructure.

Finally we trained the Parents how to improve their child's daily activities and advice them to help their child to do that activities at home by their own. Also giving output in government schedules and other resources.

Every Effort is being made to achieve the Goal. A Holistic approach is adapted to each and trains a child catering not only, the needs of the disabled child but also its entire family.

Parents are conducted once in two Months. Parents are encouraged to seek help from the special educators/special Teachers for any of their problems.

a)Niramaya Insurance Porogramme:

Life security is one of the essential one to all people. Having these word ARVI tied up all the eligible differently abled persons into the NIRAMAYA INSURANCE Scheme which was 100% supported by the National Trust. Under this scheme beneficiary are eligible to get medical treatment and accident claims. This programme was launched by the Central Government. To enjoy these benefits the special Group members has to submit their copy of income and national identity card. Also they are all provided to separate identity card for insurance claim. So far 132 people were registered.

b)Badhte Kadam Programme:

Badhte Kadam aims at community awareness, sensitisation, social Integration and mainstreaming of persons with Disabilities. It has below mentioned objectives:

- Raise awareness in the Public, regarding Person with Disability (PwD) Covered under the National Trust Act and encourage their inclusion in the society, Social Integration, and participation of person with disability in all aspects of life.
- Sensitizes community stakeholders
- Spread awareness about myths and misconceptions about disability, disability etiquette etc.

Targets Audience are:

- ❖ Public and Society
- ❖ network
 - Government Officials
 - Medical fraternity
 - Legal Professional
 - Banks/Financial Institutions
 - Educational Institutes, Students, Teachers Etc.

- ❖ Families/Guardians of PwDs
- ❖ Non Government Organization.

In this year we have conducted the workshop for Special educators working under SSA-IED programme, BEd,MEd students from the Gandigram Rural University and Nanjappa College of Education

c)Health Awareness Programmes: (Health care @ Zero Cost)

Under the CSR partnership we have implemented the health awareness programme to achieve the total health care with the following activities.

- a) Awareness among the parents /caregivers of Intellectually Challenged children (MR,CP & Autism) about the current available health care system.
- b) Awareness about NIRAMAYA Insurance scheme which is launched exclusively for Intellectually challenged Persons.
- c) 250 intellectually challenged children to receive quality health care at free of cost.
- d) Improve the general health condition & quality of life of persons with disability
- e) Improving the Life skills of the Intellectually Challenged children.
- f) Reducing the burden of IC children parents
- g) The targeted IC, (MR, CP and Autism) affected children to avail direct benefits from this activity.

d)Environment Awareness Programme.

Awareness generation Campaign on the Theme of Climate change through structured People's mobilization, village committees has been formed each village of the project area. The organisation emphasizes on awareness creation among the school children in the area Rallies are held by the school children of creation of awareness on environment. With the facilitation by the organisation, climate change conservation register is being maintained by 4 villages. The ARVI facilities celebration of conventional days like world Environment Day and Earth Day among the School Children.

e)Home Based Training (Special Education on Wheels)

According to survey 45 severally affected Mentally Retarded students in Natham and sanarpatty Block of Dindigul District. We planned to take care of the above, severe MR students with the support of United Way Chennai.

Now, we are providing, training to handle the several MR persons, in Daily Living skills and other basic activities.

The disabled students getting Home based training. Through HBT, ARVI providing the following services.

- Activities of Daily Living Skills
- Mobility skills to needed persons
- Develop the basic Communication skills
- Awareness to Parents, Guardians
- Physiotherapy and other therapeutic services.
- Proper Educational service / Placements after training.
- Periodical academic assessment.

Other Important Activities

i. World Disabled Day:

Institute celebrated the World Disabled Day by distributing fruits among PwDs and conducting Cultural programmes at the Institute for the Persons with Disabilities and prizes were distributed to the winners.

ii. Republic Day :

Republic Day is being celebrated every year in the Institute's premises.

iii. Independence Day:

Independence Day is being celebrated every year in the Institute's premises.

iv. Swachha Bharat :

The Institute celebrated 'Swachha Bharat Pakhwada in the Institute's premises. During the programme, National Flagship programme, Swachha Bharat Pakhwada was celebrated by the Staff and Students of the Institute by organizing various cleanness programmes to spread strong message of clean Indi

Awards and Accolades

- ✿ Best performance award from Lions Club of District 324 – B3 Governer (2016).
- ✿ Best NGO award from the District Collector, Theni District (2016).
- ✿ Best social worker award from the District Collector, Dindigul District (2016).

SI No	Partner Details
01	Local Level Committee Member under National Trust Act in Theni District since 2013 to till date.
02	CIOSA, Chennai member since 2015

03	United Way Chennai
04	City Union Bank Chennai



Conclusion

Social Progress cannot be possible in some mathematical formula, but by some social idea which may not be visible immediately. It requires time and patience to see the fruit of development efforts. We have timed our best with our entire mind, heart and hands extend possible. There is success as well as failure in our effort. We have learnt from our failure and we have encouraged by our success. Keeping in view our limitations we shall continue to strive to built a society where the people in general, poor, and needy in particular can live happily with justice and peace and can realize the joy of a liberal life. we thank.....

Thanking You